



Press Release for Gazette Thursday 5th March

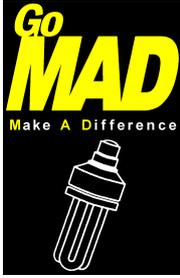
[Flyer attached]

Water Power for the 21st Century

Could Thornbury's streams be a local source of energy for the future? Sustainable Thornbury have invited Rachel Feilden of the Mendip Power Group of watermill site owners to talk about microhydro. Where there were watermills in the past (and there were at least two in the Thornbury area), there is water which could provide electricity for the future. Rachel will tell us how they harnessed the power of the river without using waterwheels – just by using the flow of the river. The talk is at The Chantry on 12 March at 7.30pm. Admission is free and refreshments will be available.

Note to Editor:

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Sustainable Thornbury Energy Tip of the Week

Did you know?

In most homes, lighting accounts for around 10-15% of an electricity bill.

Reducing your Lighting costs

- Always turn off the lights when you leave a room.
- Open the curtains to make the most of available natural light
- Think about painting rooms in lighter colours
- Choose light-coloured lampshades or ones which do not block the light
- Replace your light bulbs with energy saving recommended ones -
- Energy Saving Recommended bulbs work in the same way as fluorescent lights. An electric current passes through gas in a tube, making the tube's coating glow brightly. Traditional bulbs waste a lot of their energy by turning it into heat.
- Replacing just one bulb with an energy saving one can reduce your lighting costs by up to £100 over the lifetime of the bulb. They also last, on average up to 12 times longer than ordinary light bulbs.
- There are now many different types of bulbs and fittings available, including downlighters, candle and spotlights
- Look for the Energy Saving Logo to find Recommended bulbs



- Energy saving products use less energy and therefore have less of an environmental impact, as well as being cheaper to run.
- To find a list of local retailers who stock the Recommended Bulbs, go to <http://www.est.org.uk/myhome/efficientproducts/lighting/> - find retailers
- For more information contact your local Energy Efficiency Advice Centre on 0800 512 012 or check www.sustainablethornbury.org or call 01454 850 055.