



Press Release for Gazette 23 April 09

[Peak Oil event flyer attached]

Thornbury Area celebrates becoming a Transition Town Initiative

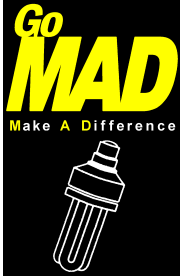
Thornbury and its surrounding villages are celebrating the fact that they are the first places in South Gloucestershire to become an official Transition Town Initiative. Sustainable Thornbury has got the go-ahead to join 158 other towns and villages across the world in taking positive action to prepare for our future. The problems caused by Climate Change and the prospect of a future with less oil and gas can make people feel helpless - but this doesn't have to be the case. Sustainable Thornbury believes that we can make the transition to a world with less oil an exciting prospect through working together in our communities. So that everyone can have the chance to hear about the issues, ST will be putting on a series of talks and filmshows over the coming months. They will also be getting out & about to talk to local organisations about Transition. The first event will highlight Peak Oil and its possible effects on our future. To find out more about Peak Oil, come along to listen to local expert, Ian Page, at the Chantry on 28th April at 7.30pm. Free Admission.

Note to Editor:

Transition Towns are becoming the way that local people can take action to prepare for the future of their communities. A Transition Initiative is a community working together to look Peak Oil and Climate Change squarely in the eye and address this BIG question: "for all those aspects of life that this community needs in order to sustain itself and thrive, how do we significantly increase resilience (to mitigate the effects of Peak Oil) and drastically reduce carbon emissions (to mitigate the effects of Climate Change)?"

See <http://transitiontowns.org/TransitionNetwork/TransitionInitiative> for more information.

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Sustainable Thornbury Energy Tip of the Week

Did you know?

In most homes, lighting accounts for around 10-15% of an electricity bill.

Reducing your Lighting costs

- Always turn off the lights when you leave a room.
- Open the curtains to make the most of available natural light
- Think about painting rooms in lighter colours
- Choose light-coloured lampshades or ones which do not block the light
- Replace your light bulbs with energy saving recommended ones -
- Energy Saving Recommended bulbs work in the same way as fluorescent lights. An electric current passes through gas in a tube, making the tube's coating glow brightly. Traditional bulbs waste a lot of their energy by turning it into heat.
- Replacing just one bulb with an energy saving one can reduce your lighting costs by up to £100 over the lifetime of the bulb. They also last, on average up to 12 times longer than ordinary light bulbs.
- There are now many different types of bulbs and fittings available, including downlighters, candle and spotlights
- Look for the Energy Saving Logo to find Recommended bulbs



- Energy saving products use less energy and therefore have less of an environmental impact, as well as being cheaper to run.
- To find a list of local retailers who stock the Recommended Bulbs, go to <http://www.est.org.uk/myhome/efficientproducts/lighting/> - find retailers
- For more information contact your local Energy Efficiency Advice Centre on 0800 512 012 or check www.sustainablethornbury.org or call 01454 850 055.