

Community News – Sustainable Thornbury's recent meeting.

Sustainable Thornbury members reported a busy November at their recent meeting. The Heart of Sustainability Workshop run by member Elizabeth Vooght was particularly successful. Through a series of simple shared exercises, those attending were helped to think through their own approaches to sustainability. There was lively discussion which generated several new approaches and ideas. As a result of the workshop a small group is now working on helping everyone to cut out food waste in the home by collecting and sharing recipes for good uses for leftovers. It is hoped to publish the results eventually and further workshops are planned.

Other members of the Grow Your Own Food group have recently taken over responsibility for the Community Orchard and the meeting heard that a grant of £300 from South Gloucestershire Council will enable more trees to be planted and expert assistance given to prune the existing trees. Volunteers will be needed to help plant the new trees and all assistance will be welcome.

The members also heard about the results of the recent survey of shoppers which showed that over 97% supported reducing the number of plastic bags used in the town. The meeting looked at ways of taking this forward together with a number of other projects aimed at reducing waste in Thornbury.

All Sustainable Thornbury events and meetings are open to everyone. Further information can be obtained from the Joint Secretary, Margaret Pinder on 01454416778.